## BRONCHO PARENT CAMP

Empowering broncho parents and guardians of Holly Area Schools students with the knowledge and tools to help their children achieve and succeed.

## 8:00 AM - 11:00 AM

#### FEATURING GUEST SPEAKERS & BREAKOUT SESSIONS

- VAPING PREVENTION
- MENTAL HEALTH STRATEGIES/SUPPORT
- CAREER READINESS
- TECHNOLOGY TIPS AND TRICKS
- BULLYING PREVENTION
- SPECIAL EDUCATION AND 504 PLANS
- RESPONSIBLE FIREARM OWNERSHIP
- LEADER IN ME
- STUDY SKILLS
- HAS ATHLETIC PROGRAMS
- ELEMENTARY MATH & LITERACY
- SCHOOLOGY & SKYWARD SUPPORT
- CHILDCARE AVAILABLE

# 8TH ANNUAL HEALTH & ENROLLMENT FAIR

## 11:00 AM - 1:30 PM

- ✓ FAMILY FUN! FREE EVENT PRE-K 12TH GRADE
- HAIRCUTS
- O DENTAL SCREENING
- ➢ BOUNCE HOUSE & LIBRARY TIME
- ⊘ NEW STUDENT ONLINE ENROLLMENT
- SKYWARD ONLINE VERIFICATION
- ⊘ EARLY CHILDHOOD & LATCHKEY REGISTRATION
- ➢ POLICE∕FIRE VEHICLES & SMOKE HOUSE
- SPORTS PHYSICALS \$20 FEE, PARENT MUST BE PRESENT

# Scan for Child

### COMMUNITY AND WELLNESS RESOURCES LUNCH PROVIDED!





**MORE INFORMATION :** 

- S 248.328.3106
- 👂 6161 E. Holly Road
- www.hask12.org

FREE SCHOOL SUPPLIES & BACKPACKS\*

**\*WHILE THEY LAST** 

7:45	Saturday - Registration - HHS Commons (1st Floor) and Breakfast
8:00-8:20	Sydney Sinclar, Holly Area Schools, Family School Liaison
Welcome & Keynote Speakers Auditorium	Eric Curl, Holly High School, Principal Monica Turner, Holly Middle School, Principal Aimee Schwartz, Holly Elementary School Principal
8:30-9:15	BREAKOUT SESSION #1
8:30-9:15 A101	<ul> <li>How to Support Your Middle School Student For Success (6th-8th Grade)</li> <li>Monica Turner, Holly Middle School, Principal</li> <li>Haley Street, Holly Middle School, Assistant Principal</li> <li>This session will focus on key skills that can help our middle school students thrive while setting them up for long-term success. We will explore ideas and strategies that parents can use in helping to navigate the middle school years.</li> </ul>
8:30-9:15	How to Support your HS student for Success (9th-12th Grade) Eric Curl, Holly High School, Principal
A102	This session will discuss the benefits of being active participants in your child's High School experience by monitoring attendance, grades, and 4-year career/college plans. New policies based on attendance and grading will be highlighted and resources from Attendance Works will be shared.
8:30-9:15 A104	High School and Middle School Athletics/Clubs: The Importance of being         Involved       Casey Lombard, HAS, Athletic Director         This session will focus on providing pertinent information in regards to the athletic department at Holly HS and Holly MS. It will be meant to be informative and engaging, offering participants the opportunities to ask questions that will help them prepare their children for participation in the athletic department and clubs at the HS and MS level.
8:30-9:15 A105	<ul> <li>Homework: A Parent's Guide (K-12th Grade) Rob Osterman, Huntington Learning Center, Clarkston</li> <li>Few things define parenthood like fights over homework. Here we will discuss best practices for helping students learn organization, and self-advocacy and leverage their skills to become more independent with homework.</li> </ul>

8:30-9:15 B120	<ul> <li>College and Career Readiness 101- Establishing a 4-year Plan (6th-12th Grade) Cheryl Price, District Counseling Specialist Jen Fettig, Director of Career Programming</li> <li>This session will review the steps for being prepared to apply to college, from the college application process, to how your course selections have an impact on college admissions. I will discuss what colleges are looking for as well as what you need to look for in order to make the best college choice. I will touch on how to order your transcripts when you are ready to apply, how and where to get the most scholarship money, and also how to start the FAFSA (<i>Free Application for Federal Student Aid</i>).</li> <li>This session will also identify various Career Programs, Apprenticeship opportunities, and Work-based learning opportunities.</li> </ul>
8:30-9:15	<b>Responsible Firearm Ownership</b> Dom Lauria, Farmington Hills Police Dept.
B121	This session is about safe and responsible ownership of firearms within our community, especially in light of the storage and other firearm law changes in the state of MI mandating secure storage of firearms, which are effective April 2024. Throughout the session, participants will learn about the changes in the law and be provided tips our community should practice for safe and responsible gun ownership.
9:25-10:10	Special Education: IEPs, 504s, Peer-to-Peer and More! Jenna Criswell, Holly Middle School, Special Education Teacher
D4 3 3	Alisha Fava, Holly Middle School, Social Worker
B122	This session will provide information for parents on the various services provided to students, opportunities for students to learn and grow by supporting others and ways parents can be a collaborative partner in supporting their child's education. This session will also review and answer questions about who may qualify for different services and where to start if you have questions.
8:30-9:15	Early Literacy Make and Take (K-2nd Grade) Carrie Keech and Erica Muehlhauser, HAS District Literacy Coaches
A106	This session will highlight early literacy skills that are valuable for your child's future reading development. Research has proven that there is a connection between the amount of parental involvement in working on early literacy skills with their child and the success of the child academically. The goal of this session is to provide you with fun early literacy activities to support your young learner at home.
8:30-9:15	How to Navigate Challenging Conversations with your Teen Sydney Sinclair, HAS District Family School Liaison
A107	Our focus will be on developing effective communication strategies with children to promote understanding and foster a positive parent-child relationship. We will

	share insight into how to acknowledge your child's feelings, actively listen, appropriately express frustration, problem solve and give specific praise and encouragement.
8:30-9:15	Suicide Prevention (K-12th Grade) Dr. Phil Pittman, New Oakland
A108	Suicide is currently the second leading cause of death for children and adolescents in the United States. However, suicide can be prevented. By learning the four steps of ABCD during this session, parents will be better equipped to identify and reduce the risks of their children engaging in self-harm.
8:30-9:15 A111	Bullying/Harassment/Social Media/Threats (6th-12th Grade) Melissa Wachowski, Holly High School, Assistant Principal Officer Matt Patercsak, HAS SRO Holly PD
	Review and Q & A covering some of the more controversial topics administration has seen trending with both Middle School and High School students. This will include a brief overview of the Student Code of Conduct and Board Policies.
8:30-9:15	LEAD (y5-5th) Jacob Haynes, Principal, Patterson Elementary
A112	Positive behavioral interventions and supports What is PBIS? How does PBIS work in correlation with the Leader In Me?
	This session will provide an overview of PBIS and how LEAD is being used to promote student leadership to improve student behaviors across all grade levels.
8:30-9:15	Zones of Regulation (Y5-5th Grade) Keri Harrision, Leslie Cook, Kelly Frost HAS District Behavior Interventionists
A113	The Zones of Regulation program is a social-emotional learning curriculum that is used throughout each Holly Area Elementary School. It teaches strategies for students to become more aware of their emotions, impulses, and sensory needs.
	This session will provide an overview of Zones of Regulation, an explanation of how it is used in school, and examples of how parents can use the curriculum at home.
8:30-9:15 B124	<b>Understanding AI's Impact on Education and Your Child's Future</b> Dr. Stephanie Elder, HAS Director of On-Line Learning

8:30-9:15	<b>Self-Care for Parents and Families</b> <i>Easter Seals</i>
D151	This session will focus on parent self-care, and how self-care can ultimately lead to better parenting strategies and techniques. Come learn strategies on how to step back from our hustle culture and start building in time as a family. Strategies will help you identify things that help relax your nervous system, allow you to feel refreshed, and feel more present with yourself and children.
9:25-10:10	BREAKOUT SESSION #2
9:25-10:10 A111	<ul> <li>Vaping 101 &amp; Substance Abuse (5th-12th Grade)</li> <li>Officer Matt Patercsak, HAS SRO Holly Police Department</li> <li>Susan Papple, Holly Community Coalition</li> <li>This session will include the health consequences of vaping and substance abuse along with fines and cost of vape/Marijuana citations and the Probate Court process. This session will also include the negative effects and impacts on a student's health, and what parents can do to help their children make healthy choices.</li> </ul>
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9:25-10:10	<b>40 Developmental Assets</b> Holly Community Coalition
A107	The Search Institute has identified 40 building blocks of healthy development that help young people grow up healthy, caring and responsible. Years of research has been done showing the impact of these Assets both External and Internal that parents and community can intentionally develop in youth. The power of these Assets is revealed both in the promoting of positive behaviors and protecting youth from high-risk behaviors.
9:25-10:10	Broncho Virtual Learning Opportunities (2nd-12th Grade) Dr. Stephanie Elder, HAS Director of On-Line Learning
B124	This session will be an overview of the virtual learning options offered by Holly Area Schools for students in 2nd-12th grades. The focus will be to provide families with a comprehensive understanding of the structure and requirements for elementary, middle school, and high school students as well as our Broncho EXCEL alternative option for credit deficient students. We will take a look at some sample classes and walk-through a typical week for students enrolled in our Broncho Virtual School. Suggestions for being successful in a virtual learning environment will also be provided.

9:25-10:10	How to Support your HS Student for Success (9th-12th Grade) Eric Curl, Holly High School, Principal
A102	This session will discuss the benefits of being active participants in your child's High School experience by monitoring attendance, grades, and 4-year career/college plans. New policies based on attendance and grading will be highlighted and resources from Attendance Works will be shared.
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	This session will also identify various Career Programs, Apprenticeship opportunities, and Work-based learning opportunities.
9:25-10:10	Raising Digitally Responsible Youth (K-12th Grade) Derek Lindsay, HAS Director of Safety and Security
A101	This session will provide foundational knowledge of what we need to know as parents/caregivers to protect our students and teach them responsible and appropriate use of technology. Learn essentials, current trends, and some advanced features of popular social media apps and websites to help you understand the digital spaces that your student will navigate.
9:25-10:10	High School and Middle School Athletics/Clubs: The Importance of Being Involved
A104	Casey Lombard, HAS, Athletic Director
	This session will focus on providing pertinent information in regards to the athletic department at Holly HS and Holly MS. It will be meant to be informative and engaging, offering participants the opportunities to ask questions that will help them prepare their children for participation in the athletic department and clubs at the HS and MS level.
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9:25-10:10	Schoology/Skyward: Tools, Tips, and Tricks (K-12th Grade) Carrie Keech, Holly Area Schools, District Literacy Coach
A106	This session will guide you through the guardian side of Schoology and Skyward Family Access including student demographic data review, how to see current and past grades, options for notifications in both products, and more!
9:25-10:10	<b>Zones of Regulation (Y5-5th Grade)</b> Keri Harrison, Leslie Cook, Kelly Frost HAS District Behavior Interventionists
A113	The Zones of Regulation program is a social-emotional learning curriculum that is used throughout each Holly Area Elementary School. It teaches strategies for students to become more aware of their emotions, impulses, and sensory needs.
	This session will provide an overview of Zones of Regulation, an explanation of how it is used in school, and examples of how parents can use the curriculum at home.
9:25-10:10	Helping Kids Manage Stress (K-12th Grade) Dr. Phil Pittman, New Oakland
A108	Stress often interferes with people living their best lives. Therefore, in this session, parents will learn how to help their children distinguish between healthy and unhealthy stressors, recognize personal stress triggers, prevent negative stressors, and develop productive ways to manage their stress.
9:25-10:10	<b>Study Skills: Top 10 Tips</b> Rob Osterman, Huntington Learning Center, Clarkston
A105	Based on research and experience, there are certain habits we find consistently help students succeed. These top 10 tips will help students take ownership of their learning and lay the needed foundations for success.
9:25-10:10	Special Education: IEPs, 504s, Peer-to-Peer and More! Jenna Criswell, Holly Middle School, Special Education Teacher
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9:25-10:10	<b>Student Mental Health 101 (K-12th Grade)</b> <i>Easter Seals</i>
D151	This session will focus on the following areas: a general overview of mental health, signs and

	symptoms of mental health challenges, what parents can do to help their student, and what are the
	most common mental health problems seen in schools. Easter Seals will present the services they
	have to offer for mental health, as well as, the roles of both MS School counseling and HS school
	counseling.

<b>10:15-11:00</b>	BREAKOUT SESSION #3
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10:15-11:00	Bridges in Mathematics Erica Muehlhauser
B121	An introduction to the new Bridges Mathematics K-5 curriculum incorporating games that parents can take home and play with their children.