

SCHOOL QUARANTINE GUIDANCE

CORONAVIRUS
COVID-19

Oakland County Health Division (OCHD) recommendations for quarantine is as follows:

The Centers for Disease Control and Prevention (CDC) recommends schools use the COVID-19 prevention strategies outlined in the current version of [CDC's Operational Strategy for K-12 Schools](#) for at least the remainder of the 2020-2021 academic school year. This guidance includes universal and correct use of masks and maximizing physical distancing.

QUARANTINE

- Students identified as close contacts with exposure distance within 3 feet (i.e. <3 ft.) must quarantine in accordance with OCHD guidance.
- Students identified as close contacts in the classroom with exposure distance of at least 3 feet (i.e., between 3 and 6 feet) can follow the steps below in place of the traditional 10 or 14-day quarantine.
 - Students continue to attend to school
 - Parents/guardians are notified that students were identified as a close contact of at least 3 feet
 - Schools report close contacts to OCHD
 - Parents/guardians agree to cooperate with contact tracing efforts while monitoring symptoms for 14 days after exposure.
 - Wear a mask, stay at least 6 feet from others, and avoid large gatherings.
 - If they feel ill or develop symptoms of COVID-19, they should isolate at home and get tested for COVID-19.
 - **Please note: These modified measures for determining quarantine after exposures only apply to the classroom/bus settings (not in a cafeteria or while eating, high risk classes such as PE or band, during sports practice, etc.) and ONLY in classroom/bus settings where strict mitigation measures are implemented and enforced.**
 - If an additional case develops in the classroom or if OCHD identifies ongoing transmission in the building, OCHD may determine traditional quarantine is necessary.

OCHD has considered the need to balance COVID-19 transmission risks with the impact of longer quarantine periods on student learning and participation in school activities when endorsing the following three quarantine options:

1. A 14-day quarantine is still the best quarantine strategy after known COVID-19 close contact (a person who was within 6 feet of a person infected with COVID-19 for more than 15 minutes cumulative in a 24-hour period with or without a mask).
2. OCHD is currently recommending the 10-day reduced quarantine strategy*.
 - a. Stay home for 10 days after exposure while wearing a mask and physically distancing from others.
3. A 7-day COVID-19 test option can also be implemented*. The COVID-19 test must be:
 - a. A PCR test (not a rapid antigen or serological test)
 - b. The specimen must be COLLECTED no sooner than 7 days after the exposure date,
 - c. May return to school on day 8 with a negative PCR result
 - d. The school must ensure the timing of the test is appropriate (no less than 7 days after last date of exposure) and must verify the negative test result by some means other than parent/guardian note or physician note. Ideally the representative of the district would view the test result documentation.

***If a reduced quarantine strategy is used, the following must occur:**

- Agree to cooperate with contact tracing efforts while monitoring symptoms for 14 days after exposure.
- If symptoms develop, immediately isolate and get a COVID-19 test.
- After stopping quarantine, wear a mask, stay at least 6 feet from others, wash your hands, and avoid large gatherings through day 14.

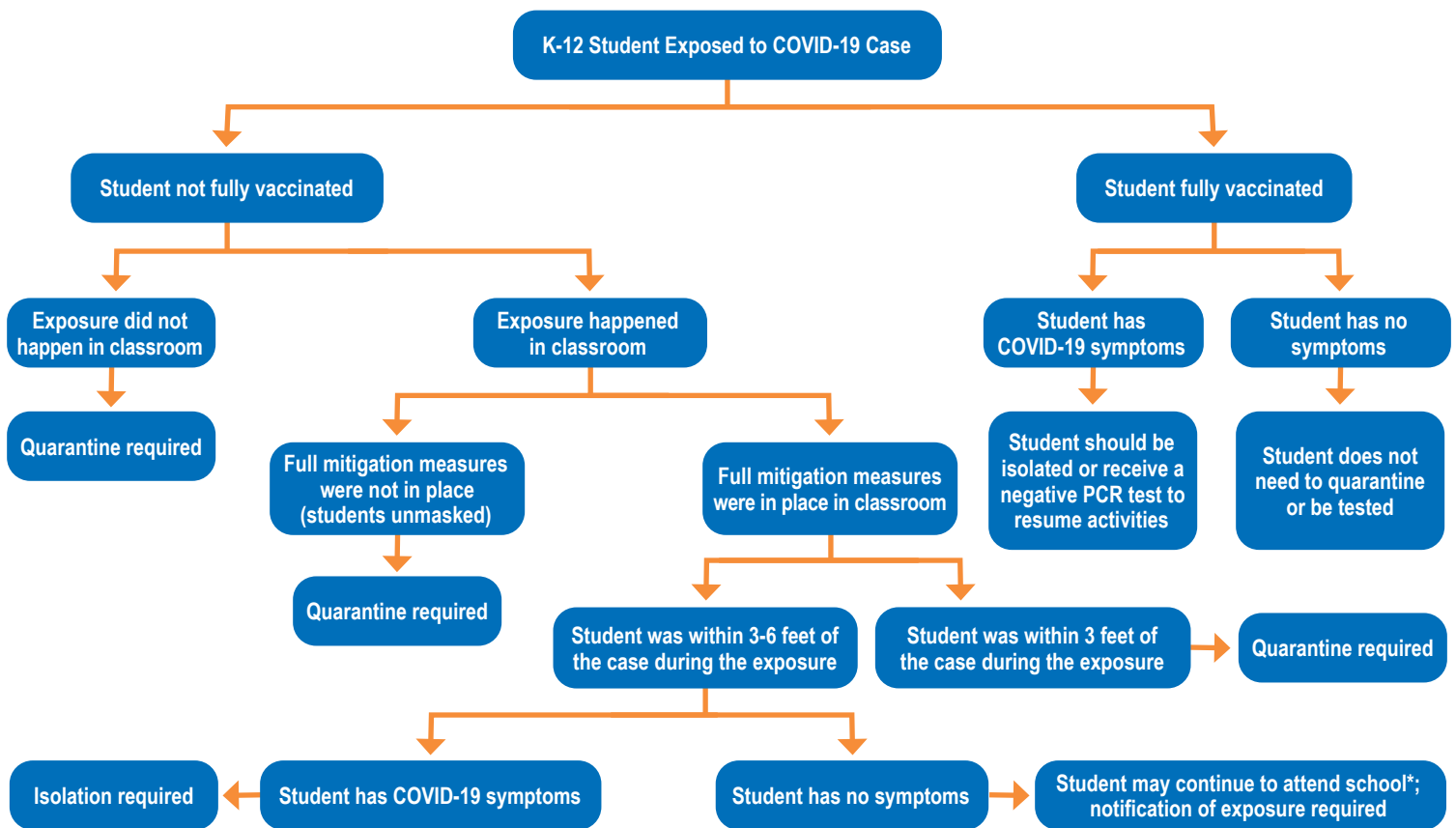
These modified mitigation measures may be changed at the discretion of OCHD.

PLEASE NOTE

Individuals who have had COVID-19 within the last 3 months and/or fully vaccinated persons are not required to quarantine if they meet all the following criteria:

- It is more than 14 days since receiving the last dose in the series.
- Have remained asymptomatic since the current COVID-19 exposure.
- Provide a laboratory confirmed COVID-19 test.

ALGORITHM FOR ASSESSING QUARANTINE OPTIONS BASED ON K-12 STUDENT EXPOSURE



*Student can attend school but must adhere to masking, social distancing, and avoidance of large gatherings guidelines strictly for 14 days post-exposure. Diligent symptom monitoring is also required. If any symptoms develop, student must stay home and can be tested for COVID-19.

Based on guidance from the Centers for Disease Control and Prevention and Michigan Department of Health and Human Services.