

# MENTAL HEALTH RESOURCE FAIR



Thursday, November 21st



5:00 - 7:30 pm



Holly High School (6161 E. Holly Rd.)



Join us for an evening dedicated to supporting mental health and wellness for families in our community! Connect with local mental health agencies and learn more about their services.

This event is for everyone - **whether you are seeking resources, exploring support options, or just want to learn more!**



**Don't miss the workshop!**

*Raising a Child with Anxiety and Depression - 6:00 - 7:00 PM*

To learn more, visit here:

<http://bit.ly/4hgVs4>



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